



**Careers  
that Care**  
South West

### **Top Tips for those who work in health and social care when making your film**

1. Say hello and introduce yourself with your job title, but please only use your first name! This way you can protect your identity online;
2. How long have you been in your line of work?
3. Tell us if you regularly support autistic people or people with learning disabilities;
4. What kind of support do you give to your patients or clients?
5. What made you consider starting your chosen career?
6. Tell us about your favourite, most memorable moments during your career so far;
7. What personal qualities do you think people need to have to be a social care or health worker?
8. What would you tell someone who would be interested in a career in social care or health work?
9. Finish your video by saying “I am” and what your first name is, followed by “and I’m glad I chose to work as” whatever your profession may be.

We hope that helps you come up with a great video 😊

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